

# Header Copy

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**UConn**  
**HEALTH**

THE POWER OF POSSIBLE.



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**SERIES OR PROGRAM NAME**

# Header line 1

## Header line 2

Date, Lorem ipsum dolor sit amet.

Time, 7-9 p.m.

Location, Lorem ipsum dolor sit amet.

Address, Lorem ipsum dolor sit amet.

Room, Lorem ipsum.

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The image shows a physical therapist, a man in a light blue button-down shirt and dark trousers, assisting an elderly woman in a blue turtleneck sweater and black pants. They are in a clinical or gym setting, with the woman holding a white resistance band handle. The therapist is standing behind her, providing support. In the background, there is a large window, a doorway leading to another room, and various exercise equipment including a blue and a yellow exercise ball, and a resistance band machine. The text 'Powerful Aging' and 'A prescription for exercise' is overlaid on the image.

# Powerful Aging

## A prescription for exercise

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or visit [www.event.com](http://www.event.com)

**UConn**  
**HEALTH**

**Department**

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