

## Lactation/Wellness Room Reminders



Please wear face coverings at all times.



Use provided hand sanitizer or wash your hands at the sink after entering the room.



Please clean furniture, equipment, switches, and other contact points before and after use with provided supplies.

## Lactation locations: Pandemic Considerations for Cleaning and Disinfection

### Daily Custodial Services

#### **CDC Guidelines for Cleaning and Disinfecting Your Facility**

- Trash bins and receptacles are emptied.
- Dispensers are checked and filled as needed.
- Floor is dust-mopped and disinfected, mopped thoroughly, and/or vacuumed.
- High touch surfaces including tables, doorknobs, light switches, countertops, handles, sinks, dials are cleaned and disinfected.
- Provide cleaning supplies: soap, paper towel, hand sanitizers, disinfecting wipes.

### Lactation Room Users

#### **CDC Guidelines and Care for Breastfeeding Women**

- Keep area neat without leaving personal items behind.
- Wash hands with soap and water for 20 seconds or apply hand sanitizer before and after expressing.
- Wash hands before touching pump or bottle parts and clean all parts after each use.
- Clean high-touch surfaces, including tables, doorknobs, light switches, countertops, handles, sinks, and dials, before and after use with the provided cleaning supplies.