COVID-19 NOTICE

STOP

IF YOU HAVE BEEN ADVISED TO MEDICALLY QUARANTINE, YOU MUST ADHERE TO THE FOLLOWING RULES DURING THE SELF-QUARANTINE PERIOD:

**DO** stay in your designated self-quarantine location.

**DO** monitor your health daily and submit your Daily Symptom Check.

**DO NOT** enter public places except to access your designated dining services take-out location.

**DO NOT** attend in-person instruction.

**DO NOT** go to work.

**DO** communicate with your faculty instructors and employers.

**DO** continue with online learning.

**DO** stay connected with friends and family through virtual platforms.

**DO** spend time outside and go for walks away from other people.

**DO** wear a mask whenever you are not in your designated quarantine space.

**DO** wash your hands frequently.

**DO** reach out to the Dean of Students at DOS@uconn.edu for needed help and support.

**DO** contact SHaW through studenthealth@uconn.edu for your medical and mental health needs. We are here for you.